

SAINT FRANCIS EXCHANGE

The Newsletter of the Oratory of Saint Francis of Assisi

SEPTEMBER 2026

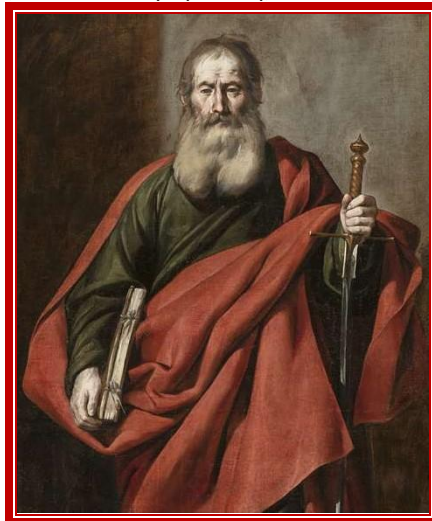
LETTER FROM THE MONSIGNOR

FOR the grace of God our Saviour hath appeared to all men; instructing us, that, denying ungodliness and worldly desires, we should live soberly, and justly, and godly in this world, looking for the blessed hope and coming of the glory of the great God and our Saviour Jesus Christ, Who gave Himself for us, that He might redeem us from all iniquity, and might cleanse to Himself a people acceptable, a pursuer of good works.

– Titus 2:11 – 14

THE admonition of the Apostle to S. Titus (d. c.96–107), the missionary Bishop of Crete, is of great importance to us today: the theme of **sound doctrine** cannot be recapitulated enough by true preachers and teachers of the Catholic Faith. Too many misunderstand that those faithful to Holy Tradition are only focused on the Traditional Latin Mass, but without a proper and well-ordered understanding of our Faith we become like the pseudo-traditionalists, who “love” the Latin Mass but accept the dangerous doctrines of the modernist heretics as compatible with the authentic Catholic Faith. S. Paul also warns S.

Timothy about this phenomenon, *Preach the word: be instant in season, out of season: reprove, entreat, rebuke in all patience and doctrine. For there shall be a time, when they will not endure sound doctrine; but, according to their own desires, they will heap to themselves teachers, having itching ears; and will indeed turn away their hearing from the truth, but will be turned unto fables* (II Timothy 4:2–4).



S. Paul the Apostle, with the Doctrine of Scripture and Tradition and the Sword of Truth

Not happy with the progress of the heresy of *modernism*, which S. Pope Pius X declared as the *synthesis of all errors* (cf. *Pascendi Dominici Gergis* 8 September 1907), the “Conciliar Church of Vatican II” has now further morphed into the “Synodal Church”, which is a *FrankenChurch* of the Bergoglio-Provost revolution. This is the typical behaviour of revolutionaries, they must constantly update and change their positions and teachings, which is the heresy of *Development of Doctrine*,

condemned by the Church from the earliest of times. For example, S. Vincent of Lérins (d.c.445) teaches us concerning this error that authentic doctrinal progress must mean growth in *understanding within the exact same doctrine and meaning*, never a reversal or change. Anything that *changes* a doctrine or its meaning is **heresy**.

If the faithful do not *know* their faith they will *lose* their faith. Read the Holy Gospels and Epistles of the Apostles – read the *authentic* Catechism, *not the catechism for children*, but the **Catechism of the Council of Trent**. Read, learn and hold fast to what is authentic, true and Catholic.

Again, quoting the Apostle to S. Titus: *Embracing that faithful word which is according to doctrine, that he may be able to exhort in sound doctrine, and to convince the gainsayers. For there are also many disobedient, vain talkers, and seducers* (S. Titus 1:9–10). This perfectly describes the modernists, who are disobedient to God’s teaching, vain talkers and seducers against the truth. Pray for their conversion while avoiding their errors!

We are ever grateful for your continued support and prayers for our little Chapel, we ask that you continue to remember us in your prayers. You and your intentions are prayed for every single day, especially at Holy Mass offered on our Altar.

In Christ the King,
Monsignor ✠ Thomas JF Sebastian

QUESTIONS AND ANSWERS

Q: Your Lordship:
If we, the faithful, find ourselves in a place or situation where we are not able to regularly attend Holy Mass and receive the Sacraments, what would be your advice to keep up our spiritual strength and remain faithful to Our Lord? Besides the Bible are there books written by the saints for such times?

S.S., Arleta, CA

A: In today's wicked world which denies God and His truth, we may find ourselves, especially when traveling, without access to a proper and valid Catholic Mass. In such a case the faithful must spend time on a Sunday worshiping God by reading and praying with their hand missal and the reading and meditating upon a truly Catholic sermon.

When people tell me they plan on moving to a more "conservative" location but find they will not have regular access to the Mass and Sacraments, I gently advise them that they are placing themselves and their souls in greater danger. You cannot *run away* from the evil of the world; you can only *arm yourself against it with grace*! An example: the Catholics of Japan survived several hundred years with only Holy Baptism, Holy Matrimony, prayer and the Catechism. They learned to live a life of grace and make frequent acts of contrition, because true sorrow for sin and purpose of amendment can save your soul!

As for book recommendations, the works of

S. Augustine, S. Francis de Sales, S. John of the Cross and Thomas á Kempis, to name just a few, are excellent resources.

If you have a question, please feel free to e-mail:

info@stfrancisoratory.org

PRAYER REQUESTS

YOUR continued prayers are requested for the sick, especially Mr. George Porter, Mrs. Denise Huizenga, Mrs. Norma Hernandez and Mr. Charles E. McClusky. Please also remember in your prayers the souls of those who have died, especially Mrs. Georgette May†, Mr. Paul Howard†, Mr. John Owen† and Mr. Atilano Duarte†. *If you know of someone unable to attend Holy Mass due to sickness, please be sure to let the Monsignor know so he can arrange for a sick call.*



Real Men Kneel at Holy Mass!

HOW TO DONATE AND SEND MASS STIPENDS

DONATIONS and Mass Stipends can be sent online via **Zelle** (be sure to select *donation* and not *payment*) or you can always send a cheque to our Post Office Box:

St. Francis of Assisi
PO Box 8469
Van Nuys, CA 91409-8469

The normal stipend for a Mass Intention is \$20.00. Please be sure to include the person's name (w/Mr., Mrs. or Miss) and if they are living or deceased. Also, be sure to indicate if you wish a **Mass Card** to be sent to that person or their family.

Your continued support is appreciated and quite needed to continue our mission of offer the true and traditional Latin Mass of the Holy Catholic Church. The True Mass and Faith are ours to protect, defend and support!

HOLY DAYS OF OBLIGATION FOR 2026

1 November 2026 (Sunday)

Feast of All Saints

8 December 2026 (Tuesday)

Feast of the Immaculate Conception

25 December 2026 (Friday)

Feast of the Nativity of the Lord

SUNDAYS OF SEPTEMBER: THE CATHOLIC HAND MISSAL

In order to assist the faithful following Holy Mass with their hand missals here are the Sunday Masses for September 2026:

6 September 2026:

Fifteenth Sunday after Pentecost:
Commemoration of the *Suffrage of the Saints* and of *Persecutors of the Church* at the Collect, Secret and Postcommunion, with the *Preface of the Holy Trinity*.

13 September 2026:

Sixteenth Sunday after Pentecost:
Commemoration of the *Suffrage of the Saints* and of *Persecutors of the Church* at the Collect, Secret and Postcommunion, with the *Preface of the Holy Trinity*.

20 September 2026:

Seventeenth Sunday after Pentecost:

Commemoration of *Ss. Eustace & Companions, Martyrs* at the Collect, Secret and Postcommunion, with the *Preface of the Holy Trinity*.

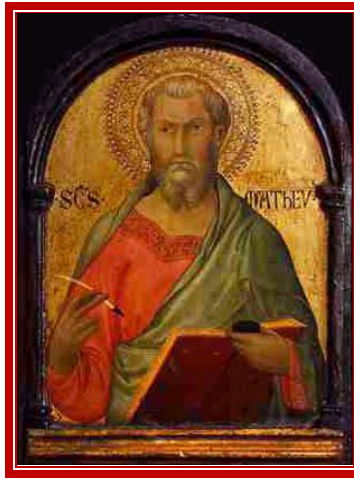
27 September 2026:

Eighteenth Sunday after Pentecost:

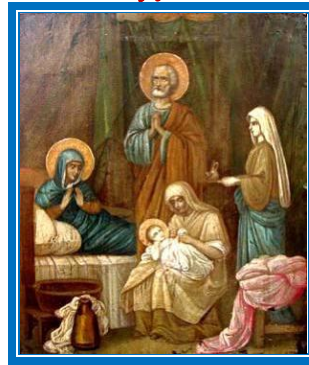
Commemoration of *Ss. Cosmas & Damian, Martyrs* at the Collect, Secret and Postcommunion, with the *Preface of the Holy Trinity*.

To participate *correctly* at Holy Mass one *silently* unites his prayers with those of the Church through pious and attentive meditation of the prayers and reading of Holy Mass.

If you are unsure how to correctly set your hand missal arrive early for Holy Mass and ask the Monsignor to assist you. It is also important to become familiar with the *Ordinary of the Mass*, those parts that never change, *i.e.*: Kyrie, Gloria, Creed, Sanctus, Benedictus, and the Agnus Dei. And, of course, the Canon of the Mass, and the *Propers of the Mass*, those which vary according to the feasts of the day, *i.e.*, Introit, Collect(s) (after the Gloria or Dominus Vobiscum), Epistle, Gradual, Alleluia, Tract or Sequence, Gospel, Secret, Communion Verse and Post Communion. On many feasts or days there are *Commemorations* (additional prayers) at the Collect, Secret and Postcommunion. The careful attention to these prayers and readings will help one enter into a deeper spiritual relationship with the Holy Liturgy, the Saints and Mysteries of God.



*Feast of S. Matthew, Apostle & Evangelist
(21 September):
Pray for us!*



*Feast of the Nativity of the Blessed Virgin Mary (8 September):
Pray for us!*



The Hidden Mass in Van Nuys

Sunday Mass Time:

10:00 am

(818) 786-2540

e-mail: info@stfrancisoratory.org

Be sure to visit our web site at:

www.stfrancisoratory.org

N.B.: Our Mailing Address is:

Post Office Box 8469

Van Nuys, CA 91409-8469



✿ **Saint Francis Chapel** is staffed by the **Priestly Society of Christ the King (SSCR)**; properly trained and ordained Roman Catholic Priests who are faithful to the teachings and disciplines of the Roman Catholic Church. Saint Francis is not affiliated with the Archdiocese of Los Angeles. Our Holy Fathers, the Popes, most especially Saint Pope Pius V in His infallible decree *Quo Primum*, have given their permission in perpetuity to offer the Traditional Latin Mass (*Missal of S. Pope Pius V* and rubrics of *S. Pope Pius X*).

MASS GUILD

HOLY MASS is offered on the First Saturday of every month for all Friends and benefactors of SAINT FRANCIS ORATORY CHAPEL. Your generous donation (one time *or* monthly) enables you to be remembered upon the Altars of the Society, where *only* the traditional Latin Mass is offered, as codified and canonized by His Holiness, Saint Pope Pius V, *perpetually* approved of.

We would like to remind those who send Mass requests to PLEASE include the name of the person and/or intention with your stipend. Mass Cards will be sent to concerned parties upon request. Thank you and God bless you!

RECOMMENDED WEBSITES:

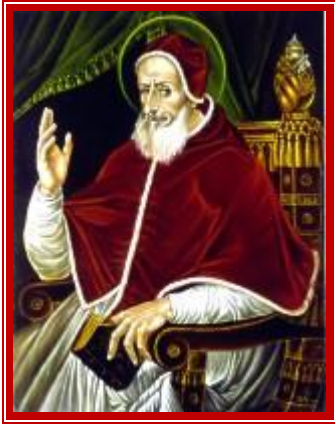
www.traditio.com

www.traditionalmass.org

www.novusordowatch.com

N.B.: Recommendation of a website is for information and does not constitute association with or full agreement of opinions or positions.

PETER SPEAKS:



THEREFORE, no one whosoever is permitted to alter this notice of Our permission, statute, ordinance, command, precept, grant, indult, declaration, will, decree, and prohibition [to only use the True Roman Missal], and should know that he will incur the wrath of Almighty God and of the Blessed Apostles Peter and Paul.

Pope S. Pius V, *Quo Primum Tempore* 13 July 1570



PLEASE SUPPORT THOSE WHO SUPPORT US!

3 SPROUTS AND A SEED

ORGANIC MICROGREENS
Threesproutsandaseed@gmail.com
251-209-3787

CARMELITE SISTERS OF THE IMMACULATE HEART OF MARY

www.etsy.com/shop/MarysSecretary

Your Ad Could Be here!



SEVEN SORROWS OF THE BLESSED VIRGIN MARY 15 SEPTEMBER

Please take time to meditate upon the **Seven Sorrows of the Blessed Virgin Mary**, and ancient and beautiful devotion!

- ❖ The Prophecy of S. Simeon (S. Luke 2:35)
- ❖ The Flight into Egypt (S. Matthew 2:13)
- ❖ The Loss of the Christ Child for Three Days (S. Luke 2:44-46)
- ❖ The Meeting of Our Lord and Our Lady on the Way to Calvary (S. John 19:17)
- ❖ Standing at the Cross (S. John 19:18)
- ❖ The Piercing of Our Lord's Sacred Heart (S. John 19:34)
- ❖ The Burial of Our Lord (S. John 19:48)