

# SAINT FRANCIS EXCHANGE

The Newsletter and Bulletin of the Oratory of Saint Francis of Assisi

SEPTEMBER 2022 – MONTH OF OUR LADY OF SORROWS

## LETTER FROM THE MONSIGNOR

At the Cross her station  
keeping, stood the  
mournful Mother weeping;  
close to Jesus till the last. –

Sequence *Stabat Mater* from the feast of  
Our Lady of Sorrows

**D**EVOTION to the Blessed Virgin Mary under the title of **Our Lady of Sorrows** is quite ancient; by the early thirteenth century the **Servite Order** (*Ordo Servorum Beatae Mariae Virginis*) of Religious was established with the specific devotion of Our Lady of Sorrows and have championed the establishment of several feasts of Our Lady under that title. The **Seven Dolors** (Sorrows) of Our Lady are:

- ❖ the prophecy of Simeon (S. Luke 2:34 – 35)
- ❖ the flight into Egypt (S. Matthew 2:13 – 15)
- ❖ losing the Holy Child at Jerusalem (S. Luke 2:43 – 50)
- ❖ meeting the Lord Jesus on His way to Calvary (S. John 19:25 – 27)
- ❖ standing at the foot of the Cross (*ibid*)
- ❖ Christ being taken from the Cross (S. John 19:38 – 40)
- ❖ the burial of Christ (*ibid*)

When speaking of **Our Lady of Sorrows** we must always be sure to remind the faithful of how Our Lady

suffered; so different from how you and I, sinners, suffer. Our suffering is on account of sin, *Original* and actual, however, Our Blessed Mother suffered in a *spiritual* manner and is unique because she is not suffering any physical suffering from sickness or pain. When she received the mysterious prophecy of Blessed Simeon or experienced the sorrow and grief when searching for the Christ Child in the Temple in Jerusalem it was a mystical suffering coupled with emotional concern (**not an emotional suffering**).



At the Passion and Death of Our Blessed Lord she indeed suffered, spiritually *and* emotionally as she witnessed the horrific torture of her natural Son of the flesh, and that was coupled with her suffering for what was happening to God by those whom He came to redeem. This latter suffering exceeded all her other suffering, both natural and supernatural: for her pure love and fidelity to

God would have felt this wound to the greatest, most profound and severe manner ever experienced by another human person; hence the opinion that by such suffering Our Lady was our *Co-Redemptrix*.

An important consideration of the devotion of **Our Lady of Sorrows** is of her great fidelity: while so many others, including those closest to Our Blessed Lord, even His chosen *Rock* that His Holy Church would be built upon, hid out of fear (*cf.* S. John 20:19), she and the Disciple whom Our Lord loved (*cf. ibid* 19:26) stood firm at the Cross. Our Lady's heart is not only immaculate but so is her purpose and strength; she is for us the greatest example of perfect love of God, no other consideration save that great love.

When we pray the **Sorrowful Mysteries** of the Holy Rosary we must unite our prayers to those of Our Blessed Lady and accompany Our Saviour of His journey towards His Passion and Death so that we, like Our Lady, might share in the pure joy of His glorious Resurrection!

As always, I am most grateful for your prayers and support. Be assured of my paternal benediction and prayers, especially at Holy Mass.

I remain, in Christ the King,

Monsignor ✠ Thomas JF Sebastian



## QUESTIONS AND ANSWERS

**Q:** My Lord:  
This is not so much a question as asking you to expound further on the following quote from Pope St. Pius X - "*To seek to reconcile the faith with the modern spirit leads much further than people think, not only to weakening of the faith, but to its total loss*"

Humbly,  
GS  
Santa Monica, CA

**A:** The Holy Father, S. Pope Pius X (d. 1914) was again warning the Bishops and the faithful in their care of the complete evil of accommodating the heresy of Modernism through the *updating* of Catholic Doctrine. Truth *cannot* change; otherwise it is not truth. Simplified, Modernism is a conglomeration of evil and condemned systems, such as Relativism and Subjectivism. To show the prophetic truth of this great saint's comment is what has happened to the Church when her members fully embraced Modernism and "canonised" it as *official* Catholic doctrine at the diabolical "Vatican II" anti-council.

Only when the NewChurch abandons and fully rejects this heresy can there be a general restoration; until then, the clergy and faithful of the True (underground) Church must work diligently to combat this satanic system.

*If you have a question, please feel free to e-mail:*  
[info@stfrancisoratory.org](mailto:info@stfrancisoratory.org)

## EMBER DAYS OF SEPTEMBER

In Please remember that this month we observe the **Ember Days of September:** Wednesday the 21<sup>st</sup>, Friday the 23<sup>rd</sup> and Saturday the 24<sup>th</sup>. The Holy Church devotes these days to prayer, penance and sacrifice. On these three days the faithful are bound, under pain of mortal sin, to abstain from meat.

The current Laws of Fast and Abstinence (for the United States) are absolutely binding (unless lawfully excused or dispensed) for *all* the faithful. All baptised Catholics, seven years of age or older, are bound to **abstain**. The two types of abstinence are **complete** and **partial**. *Complete abstinence* forbids the eating of meat, and soup or gravy made with or from meat is required all Fridays throughout the year, *Partial Abstinence*, which permits meat, and soup or gravy made from meat, to be eaten *only* at the main meal, is required on Ember Wednesday and Ember Saturday.

The laws of **Fasting** are for all baptised Catholics, from ages 21 through 59, inclusive. On the days of fast only one full meal is allowed (with meat, except on Friday) with two smaller *meatless* meals, which together do not

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equal one full meal. The eating of food or snacks between meals is forbidden; however the drinking of liquids, including milk and juice, are allowed.

For reasons of health one may seek the reduction or even dispensation from the fast from the Monsignor; one should never simply dispense one's self from these obligations; and should one be lawfully dispensed from these obligations, he should strive to find another type of *approved* penance that can be satisfactory to Almighty God.

## PRAYER REQUESTS

**YOUR** prayers are requested for the sick, especially Mr. Louis Morelli, Mr. Vern Fenimore, Miss Erica Chapman, Mr. Charles E. McClusky, Mrs. Denise Huizenga, Mr. M. Gary Starr, Mrs. Diane Powers, Mr. Paul Howard, Mr. Jeff Michaels and Mrs. Maria Gomez. Please also remember in your prayers the souls of those who have died. *If you know of someone unable to attend Holy Mass due to sickness please be sure to let one of the priests know so they can arrange for a sick call.*



*Real Men Kneel at Holy Mass!*

## HOW TO DONATE AND SEND MASS STIPENDS

**D**ONATIONS and Mass Stipends can be sent on-line (be sure to select *donation* and not *payment*) or you can always be sent to our Post Office Box:

St. Francis of Assisi  
PO Box 8469  
Van Nuys, CA 91409-8469



The normal stipend for a Mass Intention is \$20.00. Please be sure to include the person's name (w/Mr., Mrs. or Miss) and if they are living or deceased. Also, be sure to indicate if you wish a **Mass Card** to be sent to that person or their family.

Your continued support is appreciated and quite needed to continue our mission of offer the true and traditional Latin Mass of the Holy Catholic Church. The true Mass and Faith are ours to protect, defend and support!

## HOLY DAYS OF OBLIGATION FOR 2022

1 November 2022 (Tuesday)  
*Feast of All Saints*  
8 December 2022 (Thursday)  
*Feast of the Immaculate Conception*  
25 December 2022 (Saturday)  
*Feast of the Nativity of the Lord*



## SUNDAYS OF SEPTEMBER: THE CATHOLIC HAND MISSAL

In order to assist the faithful following Holy Mass with their hand missals here are the Sunday Masses for September:

4 September 2022:

**Thirteenth Sunday after Pentecost:**

Commemoration of the *Suffrage of the Saints* and *Against the Persecutors of the Church* at the Collect, Secret and Postcommunion.

11 September 2022:

**Fourteenth Sunday after Pentecost:**

Commemoration of *S. Protus & Hyacinth* and the *Suffrage of the Saints* at the Collect, Secret and Postcommunion.

18 September 2022:

**Fifteenth Sunday after Pentecost:**

Commemoration of *S. Joseph Cupertino* at the Collect, Secret and Postcommunion.

25 September 2022:

**Sixteenth Sunday after Pentecost:**

Commemoration of the *Suffrage of the Saints* and *Against the Persecutors of the Church* at the Collect, Secret and Postcommunion.

**T**o correctly participate at Holy Mass one *silently* unites his prayers with those of the Church through pious and attentive meditation of the prayers and reading of Holy Mass.

If you are unsure how to correctly set your hand missal arrive early for Holy Mass and ask the Monsignor to assist you. It is also important to become familiar with

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the *Ordinary of the Mass*, those parts that never change, i.e.: Kyrie, Gloria, Creed, Sanctus, Benedictus, and the Agnus Dei. And of course the Canon of the Mass, and the *Propers of the Mass*, those which vary according to the feasts of the day, i.e., Introit, Collect(s) (after the Gloria or Dominus Vobiscum), Epistle, Gradual, Alleluia, Tract or Sequence, Gospel, Secret, Communion Verse and Post Communion. On many feasts or days there are *Commemorations* (additional prayers) at the Collect, Secret and Postcommunion. The careful attention to these prayers and readings will help one enter into a deeper spiritual relationship with the Holy Liturgy, the Saints and Mysteries of God.



*The Hiding Mass in Van Nuys*

**Sunday Mass Times:**

08:00 am & 10:00 am

(please call or email for current Mass time and location)

(818) 786-2540

e-mail: [info@stfrancisoratory.org](mailto:info@stfrancisoratory.org)

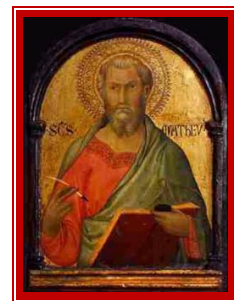
Be sure to visit our web site at:

[www.stfrancisoratory.org](http://www.stfrancisoratory.org)

N.B.: Our Mailing Address is:

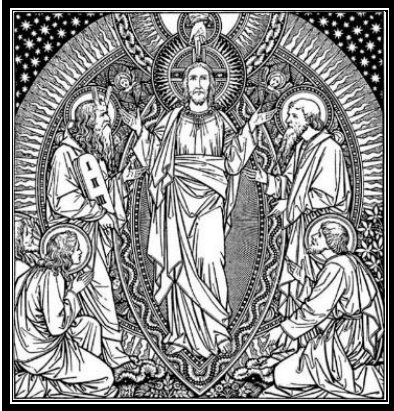
Post Office Box 8469

Van Nuys, CA 91409-8469



*S. Matthew, Apostle and Evangelist:  
Pray for us!  
21 September*





✿ Saint Francis Chapel is staffed by the Priestly Society of Christ the King (SSCR); properly trained and ordained Roman Catholic Priests who are faithful to the teachings and disciplines of the Roman Catholic Church. Saint Francis is not affiliated with the Archdiocese of Los Angeles. Our Holy Fathers, the Popes, most especially Saint Pope Pius V in His infallible decree *Quo Primum*, have given their permission in perpetuity to offer the Traditional Latin Mass (*Missal of S. Pope Pius V* and rubrics of *S. Pope Pius X*).



## MASS GUILD

HOLY MASS is offered on the First Saturday of every month for all Friends and benefactors of

**SAINT FRANCIS ORATORY CHAPEL** Your generous donation (one time *or* monthly) enables you to be remembered upon the Altars of the Society, where *only* the traditional Latin Mass is offered, as codified and canonized by His Holiness, Saint Pope Pius V, *perpetually* approved of.

We would like to remind those who send Mass requests to PLEASE include the name of the person and/or intention with your stipend. Mass Cards will be sent to concerned parties upon request. Thank you and God bless you!

## RECOMMENDED WEBSITES:

[www.traditio.com](http://www.traditio.com)  
[www.traditioninaction.com](http://www.traditioninaction.com)  
[www.remnantnewspaper.com](http://www.remnantnewspaper.com)  
[www.traditionalmass.org](http://www.traditionalmass.org)

*N.B.: Recommendation of a website is for information, and does not constitute association with or full agreement of opinions or positions.*

## PETER SPEAKS:



**T**HE coming of the world state is longed for, and confidently expected, by all the worst and

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most disordered elements. This state, based on the principles of absolute equality of men and community of possessions, would banish all national loyalties. In it no acknowledgement would be made of the authority of a father over his children, or of God over human society. If these ideas are put into practice, there will inevitably follow as reign of unheard terror.

*Pope Benedict XV, 25 July 1920*



## SPECIAL PRAYER REQUEST

**W**EDNESDAY the 21<sup>ST</sup> of September, the feast of S. Matthew, the Apostle and Evangelist, marks the twenty-fifth anniversary of the Episcopal Consecration of the Most Reverend Monsignor ✕ Thomas Joseph-Francis Pdraig Sebastian-McClusky: *only your prayers are requested to mark this sublime day.*



*The Monsignor (at the left) at the Solemn Mass of his Episcopal Consecration in Ashford, Kent, Great Britain, 21 September 1997, at the hands of His Grace, Archbishop John Christopher Simmons (d. 2003).*