

SAINT FRANCIS EXCHANGE

The Newsletter and Bulletin of the Oratory of Saint Francis of Assisi

OCTOBER 2022 – MONTH OF THE HOLY ROSARY

LETTER FROM THE MONSIGNOR

O GOD, Whose only begotten Son, by His Life, Death, and Resurrection, hath purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen. – Collect from the feast of the Most Holy Rosary

PERHAPS one of the most powerful prayers available to pious souls, most especially of the laity, is the **Most Holy Rosary of the Blessed Virgin Mary**; whose use has been encouraged by the saints for well over a thousand years. This great prayer is often called the **Psalter of the Laity** because the 150 *Aves* correspond to the 150 Psalms prayed by the Clergy and Religious of the Holy Church. Pope Leo XIII (d.1903) himself wrote *twelve* encyclicals on the Holy Rosary! The Holy Fathers, since Pope S. Pope Pius V (d. 1572), wrote many encyclicals and other writings about this wonderful prayer, and one can only conclude that this prayer enjoys the highest approbation on earth, but more importantly, from Our Lady herself.

At the 13 June apparition at Fatima in 1917 Our Lady told the children to faithfully pray the Holy Rosary

each day in honour of *Our Lady of the Holy Rosary*, and so she absolutely confirmed the power of this great prayer and its efficacy.

We must always remember that in this prayer we do not *worship* the Blessed Virgin, but rather, meditate upon her life with Our Blessed Lord and ask her mediation on our behalf before His throne of grace and mercy: why would He ever deny her requests for our spiritual welfare? He would not, and she always reminds us, *Whatsoever He shall say to you, do ye* (S. John 2:5).



My own personal devotion to Our Lady's Holy Rosary is such a part of my prayer life that I cannot remember not praying it since I learned how as a *wee boy*, and from my grandaunt I learned to always add an additional decade for the dead after my dear sister, *Séana Marie*, died in infancy.

A dear parishioner, *Mr. Craig Marquette* (d. 2016), prayed many, many decades of the Holy Rosary every day, sometime close to six hours at a

time. Certainly not just saying words, *but* praying with very specific intentions for others and out of pure love of Our Blessed Lady, and he died quite peacefully with his Rosary in his hands. He, like so many unknown saints (I am not saying he is an official saint, but was very *saintly*) are true *friends of the Rosary*, and therefore a true *friend of Our Lady of the Rosary*.

So many of the ills afflicting the faithful today could be quickly overcome if *each and every Catholic* would pray Our Lady's Holy Rosary every day with purpose and devotion: pray for your own sanctification, for the sanctification of your family and friends, for the sanctification of the Holy Church and her members, for the sanctification of our nation, for the sanctification of the whole world and for the conversion of all sinners, schismatics, heretics, infidels and pagans. These are *well ordered* prayer intentions that will lead to much peace and grace. And lastly, please also add the intention of the sanctification of all true Catholic Clergy, especially me, a poor sinner.

As always, I am most grateful for your prayers and support. Be assured of my paternal benediction and prayers, especially at Holy Mass.

I remain, in Christ the King,

Monsignor ✠ Thomas JF Sebastian

QUESTIONS AND ANSWERS

Q: My Lord: I always get so distracted while praying the Rosary; what are some ways to be able to really pay attention without getting lost? I would be grateful for your advice.

In Our Lady,
Anonymous

A: Distraction during prayer is a common problem for most people; it is so important to not make our prayer just empty repetition, as the Lord warns us: *And when you are praying, speak not much, as the heathens. For they think that in their much speaking they may be heard* (S. Matthew 6:7). He is not condemning the repeating of the prayer, rather, He is encouraging the careful meditation and prayerful reflection of *what* we pray.

When I was a seminarian I was assigned to a German and Hungarian speaking parish; I was edified by how the Germans prayed each decade with a reference to the Mystery, for example the First Joyful Mystery: *Hail Mary, full of grace; the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus, Whom thou, O Virgin, conceived by the Holy Ghost. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.*

Here are each of the interpolations for your edification:

THE JOYFUL MYSTERIES

The Annunciation: *Whom thou, O Virgin, conceived by the Holy Ghost*

The Visitation: *Whom thou, O Virgin, carried to Elizabeth*

The Nativity: *Whom thou, O Virgin, bore*

The Presentation in the Temple: *Whom thou, O Virgin, presented in the Temple*

The Finding in the Temple: *Whom thou, O Virgin, found again in the Temple*

THE SORROWFUL MYSTERIES

The Agony in the Garden: *Who sweat blood for us*

The Scourging at the Pillar: *Who was scourged for us*

The Crowning with Thorns: *Who was crowned with thorns for us*

The Carrying of the Cross: *Who carried the heavy Cross for us*

The Crucifixion: *Who was Crucified for us*

THE GLORIOUS MYSTERIES

The Resurrection: *Who rose from the dead*

The Ascension: *Who Ascended into heaven*

The Descent of the Holy Ghost: *Who sent us the Holy Ghost*

The Assumption: *Who, O Virgin, assumed thee into heaven*

The Coronation of Mary: *Who, O Virgin, crowned thee in heaven*

It is my sincerest hope that this will provide you with a greater and deeper method of praying Our Lady's most Holy Rosary!

If you have a question, please feel free to e-mail:

info@stfrancisoratory.org



PRAYER REQUESTS

YOUR prayers are requested for the sick, especially the Monsignor Sebastian, Mr. Louis Morelli, Mr. Vern Fenimore, Miss Erica Chapman, Mr. Charles E. McClusky, Mrs. Denise Huizenga, Mr. M. Gary Starr, Mrs. Diane Powers, Mr. Paul Howard, Mr. Jeff Michaels and Mrs. Maria Gomez. Please also remember in your prayers the souls of those who have died. *If you know of someone unable to attend Holy Mass due to sickness please be sure to let one of the priests know so they can arrange for a sick call.*



Real Men Kneel at Holy Mass!

HOW TO DONATE AND SEND MASS STIPENDS

DONATIONS and Mass Stipends can be sent online (be sure to select *donation* and not *payment*) or you can always be sent to our Post Office Box:

St. Francis of Assisi
PO Box 8469
Van Nuys, CA 91409-8469

THE ORATORY OF SAINT FRANCIS OF ASSISI

Donate



The normal stipend for a Mass Intention is \$20.00. Please be sure to include the person's name (w/Mr., Mrs. or Miss) and if they are living or deceased. Also, be sure to indicate if you wish a **Mass Card** to be sent to that person or their family.

Your continued support is appreciated and quite needed to continue our mission of offer the true and traditional Latin Mass of the Holy Catholic Church. The true Mass and Faith are ours to protect, defend and support!

**HOLY DAYS OF
OBLIGATION FOR 2022**

1 November 2022 (Tuesday)

Feast of All Saints

8 December 2022 (Thursday)

Feast of the Immaculate Conception

25 December 2022 (Saturday)

Feast of the Nativity of the Lord



**SUNDAYS OF
OCTOBER:
THE CATHOLIC
HAND MISSAL**

In order to assist the faithful following Holy Mass with their hand missals here are the Sunday Masses for September:

2 October 2022:

Seventeenth Sunday after Pentecost:

Commemoration of the *Holy Guardian Angels* at the Collect, Secret and Postcommunion.

9 October 2022:

Eighteenth Sunday after Pentecost:

Commemoration of *S. John Leonard and S. Dionysius & Companions* at the Collect, Secret and Postcommunion.

16 October 2022:

Nineteenth Sunday after Pentecost:

Commemoration of *S. Hedwig* and the *Suffrage of the Saints* at the Collect, Secret and Postcommunion.

23 September 2022:

Twentieth Sunday after Pentecost:

Commemoration of the *Suffrage of the Saints* and *Against the Persecutors of the Church* at the Collect, Secret and Postcommunion.

30 October 2022:

Christ the King:

Commemoration of the *Twenty-First Sunday after Pentecost* at the Collect, Secret and Postcommunion. Last Gospel of the Sunday.

To correctly participate at Holy Mass one *silently* unites his prayers with those of the Church through pious and attentive meditation of the prayers and reading of Holy Mass.

If you are unsure how to correctly set your hand missal arrive early for Holy Mass and ask the Monsignor to assist you. It is also important to become familiar with the *Ordinary of the Mass*, those parts that never change, i.e.: Kyrie, Gloria, Creed, Sanctus, Benedictus, and the Agnus Dei. And of course the Canon of the Mass, and the *Propers of the Mass*, those which vary according to the feasts of the day, i.e., Introit, Collect(s) (after the Gloria or Dominus Vobiscum), Epistle, Gradual, Alleluia, Tract or Sequence, Gospel, Secret, Communion Verse and Post Communion. On many feasts or days there are *Commemorations*

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(additional prayers) at the Collect, Secret and Postcommunion. The careful attention to these prayers and readings will help one enter into a deeper spiritual relationship with the Holy Liturgy, the Saints and Mysteries of God.



The Hiding Mass in Van Nuys

Sunday Mass Times:

08:00 am & 10:00 am

(please call or email for current Mass time and location)

(818) 786-2540

e-mail: info@stfrancisoratory.org

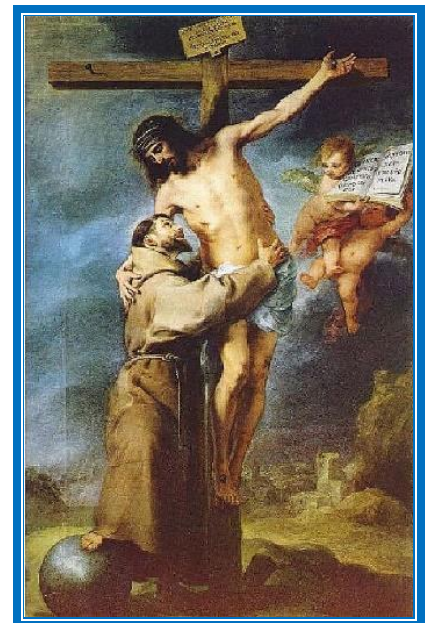
Be sure to visit our web site at:

www.stfrancisoratory.org

N.B. : Our Mailing Address is:

Post Office Box 8469

Van Nuys, CA 91409-8469



S. Francis of Assisi:

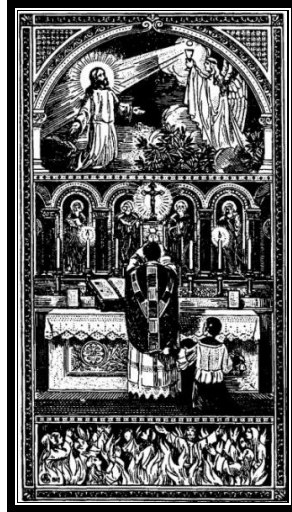
Pray for us!

4 October



✿ Saint Francis Chapel is staffed by the Priestly Society of Christ the King (SSCR); properly trained and ordained Roman Catholic Priests who are faithful to the teachings and disciplines of the Roman Catholic Church. Saint Francis is not affiliated with the Archdiocese of Los Angeles. Our Holy Fathers, the Popes, most especially Saint Pope Pius V in His infallible decree *Quo Primum*, have given their permission in perpetuity to offer the Traditional Latin Mass (*Missal of S. Pope Pius V* and rubrics of *S. Pope Pius X*).

Please pray for a wonderful and growing Catholic Family, the Beeley Family, who recently sent an updated family portrait:



MASS GUILD

HOLY MASS is offered on the First Saturday of every month for all Friends and benefactors of SAINT FRANCIS ORATORY CHAPEL. Your generous donation (one time *or* monthly) enables you to be remembered upon the Altars of the Society, where *only* the traditional Latin Mass is offered, as codified and canonized by His Holiness, Saint Pope Pius V, *perpetually* approved of.

We would like to remind those who send Mass requests to PLEASE include the name of the person and/or intention with your stipend. Mass Cards will be sent to concerned parties upon request. Thank you and God bless you!

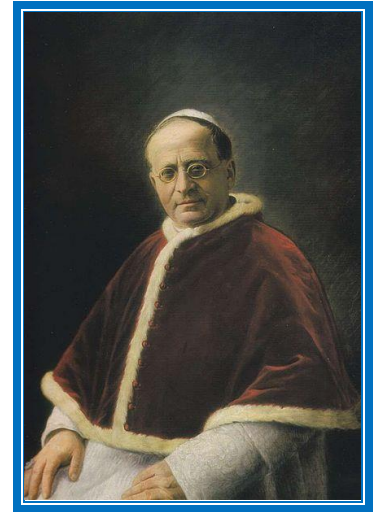
RECOMMENDED WEBSITES:

www.traditio.com
www.traditioninaction.com
www.remnantnewspaper.com
www.traditionalmass.org

N.B.: Recommendation of a website is for information, and does not constitute association with or full agreement of opinions or positions.

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PETER SPEAKS:



THE ROSARY is a powerful weapon to put the demons to flight and to keep oneself from sin...If you desire peace in your hearts, in your homes, and in your country, assemble each evening to recite the Rosary. Let not even one day pass without saying it, no matter how burdened you may be with many cares and labours.

Pope Pius XI

