

SAINT FRANCIS EXCHANGE

The Newsletter and Bulletin of the Oratory of Saint Francis of Assisi

JUNE 2024 – MONTH OF THE SACRED HEART

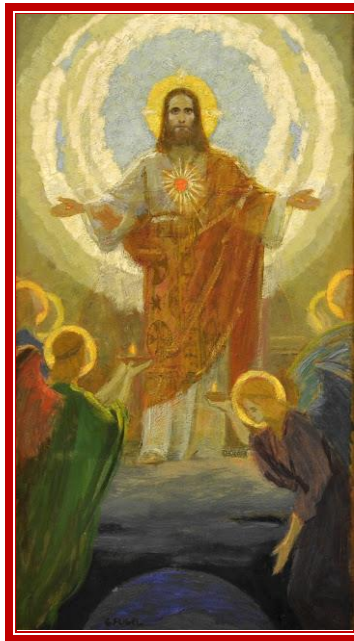
LETTER FROM THE MONSIGNOR

O GOD, Who in the Heart of Thy Son, wounded by our sins, dost mercifully vouchsafe to bestow upon --- the infinite wealth of Thy love, grant, we beseech Thee, thy loving-kindness, revering it with devotion, may fulfil our duty of most reparation.

- Collect from the Mass of the Sacred Heart

REPARATION, the act of making amends for a grave wrong committed, is a necessary component to proper devotion to the Sacred Heart of Our Lord and King Jesus Christ. Our Holy Father, Pope Pius XI (d. 1939) teaches us: *In prayer we must also join penance, the spirit of penance, and the practice of Christian penance. Thus Our Divine Master teaches us, Whose first preaching was precisely penance: "Jesus began to preach and to say, Do penance" (S. Matthew 4:17). The same is the teaching of all Christian tradition, of the whole history of the Church. In the great calamities, in the great tribulations of Christianity, when the need of God's help was most pressing, the faithful either spontaneously, or more often following the lead and exhortations of their holy Pastors, have always taken in hand the two most mighty weapons of spiritual life: prayer and penance. By that sacred instinct, by which unconsciously as it were the Christian people is guided when not led astray by the sowers of tares, and which is none other than that "mind of Christ" (I Corinthians 2:16) of which the Apostle speaks, the faithful have*

always felt immediately in such cases the need of purifying their souls from sin with contrition of heart, with the Sacrament of Penance, and of appeasing Divine Justice with external works of penance as well (Caritate Christi Compulsi, no. 22, Pius XI, 3 May 1932).



Devotion to the Sacred Heart of Our Lord and King Jesus Christ is quite ancient and has at its centre two distinct objects of devotion: first is the Person of Our Lord, True God and True Man. It is not His "heart" detached from His Sacred Person but what it represents: His profound love, both *Human* and *Divine*, for God and man. His entire human life was taken up by this love and now, since His glorious Ascension, it is taken up with our salvation and remaining in the life of His grace. The *Communion of the Saints*, perfected and glorified, shares in this work in imitation of the Saviour's profound love of God and man.

The second object of this devotion is reparation – what we owe God for the outrages and offences against His *person* and His perfect love for us, which is grievously offended by our indifference and opprobrium against Him. Remember that all sin no matter how insignificant we may think it is, is a direct offence against God Almighty. We learn from the Book of Proverbs, *Six things there are, which the Lord hateth, and the seventh His soul detesteth: Haughty eyes, a lying tongue, hands that shed innocent blood, a heart that deviseth wicked plots, feet that are swift to run into mischief, a deceitful witness that uttereth lies, and him that soweth discord among brethren* (Proverbs 6:16–9).

Yet, with all these numerous sins against Him the Lord remains gentle and benign, as Blessed Peter reminds us: *Who, when He was reviled, did not revile: when He suffered, He threatened not: but delivered Himself to him that judged Him unjustly. Who His own self bore our sins in His body upon the Tree: that we, being dead to sins, should live to justice: by Whose stripes you were healed* (I S. Peter 2:23–24). No matter how greatly we have sinned against Him and how much we have misused His glorious mercy He does not turn away from us because His mercy endures forever (*cf.* Psalm 105:1).

Be assured of my paternal benediction and prayers, especially at Holy Mass.

I remain, in Christ the King,

Monsignor ✠ Thomas JF Sebastian

QUESTIONS AND ANSWERS

Q: Monsignor:
I know you have answered this before, but I feel I need a deeper understanding of the difference between a *venial sin* and a *mortal sin*. Thank you!

D.H.

Glendale, CA

A: Simply put, ALL SIN is a moral evil and imperfection since a voluntary act and its disorder are of the essence of sin: a *venial sin* is a voluntary act of a thought, word or deed in opposition to the Law of God and it impedes the *attainment* of man's last end (salvation) but does not deprive him from it. In its act it either consists in not *fully* or deliberately choosing some object prohibited by the Law of God, e.g.: through negligence you forget that it is a day of obligatory fast and you eat too much at a collation (the smaller of the allowed three meals). This could be remedied by eating less at your two remaining meals (an act of reparation), but also making an *act of contrition* and saying extra prayers would pay back in justice for the offence. Contrariwise, a *mortal sin* is a fully willful and disordered act set into motion by the will from temptation, meditation and consent against the Law of God. Because the act is *fully* purposeful it offends the Majesty and God as well as justice. A *mortal sin*, because it cuts us off from the grace and friendship of God, must be fully repented of and Sacramentally Confessed with the firm

intention of never committing the same willful and disordered act again. These acts are delineated in the *Decalogue*, or *Ten Commandments* as well as the *Commands* of the Holy Church. To violate these Laws of God in any degree is a *mortal sin* ... it does not matter if you steal a penny or a million dollars, strike someone or murder 100 people, the *sin* is the same but the act of restoration to *justice* is different. I hope this helps.

If you have a question, please feel free to e-mail:

info@stfrancisoratory.org

PRAYER REQUESTS

YOUR continued prayers are requested for the sick, continued prayers are requested for the sick, especially Mr. George Porter, Mrs. Norma Hernandez, Mr. Charles Edward McClusky, Mr. Paul Howard, Mr. John Owen, Mr. Jeff Michaels and Mrs. Maria Gomez. Please also remember in your prayers the souls of those who have died. Especially Mrs. Diane Powers-Lewis†. *If you know of someone unable to attend Holy Mass due to sickness, please be sure to let the Monsignor know so he can arrange for a sick call.*



Real Men Kneel at Holy Mass!

Saint Francis Exchange

HOW TO DONATE AND SEND MASS STIPENDS

DONATIONS and Mass Stipends can be sent on-line (be sure to select *donation and not payment*) or you can always send it to our Post Office Box:

St. Francis of Assisi
PO Box 8469
Van Nuys, CA 91409-8469



The normal stipend for a Mass Intention is \$20.00. Please be sure to include the person's name (w/Mr., Mrs. or Miss) and if they are living or deceased. Also, be sure to indicate if you wish a **Mass Card** to be sent to that person or their family.

Your continued support is appreciated and quite needed to continue our mission of offer the true and traditional Latin Mass of the Holy Catholic Church. The True Mass and Faith are ours to protect, defend and support!

HOLY DAYS OF OBLIGATION FOR 2024

15 August 2024 (Thursday)
Assumption of the Blessed Virgin Mary
1 November 2024 (Friday)
Feast of All Saints
8 December 2023 (Sunday)
Feast of the Immaculate Conception
25 December 2024 (Wednesday)
Feast of the Nativity of the Lord

**SUNDAYS OF JUNE:
THE CATHOLIC
HAND MISSAL**

In order to assist the faithful following Holy Mass with their hand missals here are the Sunday Masses for June:

2 June May 2024:

Sunday after Corpus Christi:

Commemoration of the *Octave of Corpus Christi* and *S. Marcellinus & Companions* at the Collect, Secret and Postcommunion.

9 June 2024:

Sunday after the Sacred Heart:

Commemoration of *Ss. Primus & Felician* at the Collect, Secret and Postcommunion.

16 June 2024:

Fourth Sunday after Pentecost:

Commemoration of *Suffrage of the Saints* and *Against the Pagans* at the Collect, Secret and Postcommunion.

23 June 2024:

Fifth Sunday after Pentecost:

Commemoration of *Suffrage of the Saints* and *Against the Pagans* at the Collect, Secret and Postcommunion.

30 June 2024:

Sixth Sunday after Pentecost:

Commemoration of *S. Paul the Apostle*, *S. Peter the Apostle* and the *Octave of S. John the Baptist* at the Collect, Secret and Postcommunion.

To correctly participate at Holy Mass one *silently* unites his prayers with those of the Church through pious and attentive meditation of the prayers and reading of Holy Mass.

If you are unsure how to correctly set your hand missal arrive early for Holy Mass and ask the Monsignor to assist you. It is also important to become familiar with the *Ordinary of the Mass*, those parts that never change, i.e.: Kyrie, Gloria, Creed, Sanctus, Benedictus, and the Agnus Dei. And of course

the Canon of the Mass, and the *Propers of the Mass*, those which vary according to the feasts of the day, i.e., Introit, Collect(s) (after the Gloria or Dominus Vobiscum), Epistle, Gradual, Alleluia, Tract or Sequence, Gospel, Secret, Communion Verse and Post Communion. On many feasts or days there are *Commemorations* (additional prayers) at the Collect, Secret and Postcommunion. The careful attention to these prayers and readings will help one enter into a deeper spiritual relationship with the Holy Liturgy, the Saints and Mysteries of God.



The Hiding Mass in Van Nuys

Sunday Mass Time:

10:00 am

(818) 786-2540

e-mail: info@stfrancisoratory.org

Be sure to visit our web site at:
www.stfrancisoratory.org

N.B.: Our Mailing Address is:

Post Office Box 8469
Van Nuys, CA 91409-8469



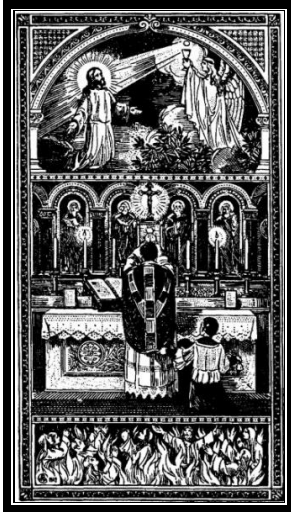
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*S. Anthony of Padua
13th of June:
Pray for us!*



✿ Saint Francis Chapel is staffed by the Priestly Society of Christ the King (SSCR); properly trained and ordained Roman Catholic Priests who are faithful to the teachings and disciplines of the Roman Catholic Church. Saint Francis is not affiliated with the Archdiocese of Los Angeles. Our Holy Fathers, the Popes, most especially Saint Pope Pius V in His infallible decree *Quo Primum*, have given their permission in perpetuity to offer the Traditional Latin Mass (*Missal of S. Pope Pius V* and rubrics of *S. Pope Pius X*).



MASS GUILD

HOLY MASS is offered on the First Saturday of every month for all Friends and benefactors of SAINT FRANCIS ORATORY CHAPEL. Your generous donation (one time or monthly) enables you to be remembered upon the Altars of the Society, where *only* the traditional Latin Mass is offered, as codified and canonized by His Holiness, Saint Pope Pius V, *perpetually* approved of.

We would like to remind those who send Mass requests to PLEASE include the name of the person and/or intention with your stipend. Mass Cards will be sent to concerned parties upon request. Thank you and God bless you!

RECOMMENDED WEBSITES:

www.traditio.com

www.traditioninaction.com

www.traditionalmass.org

www.novusordowatch.com

N.B.: Recommendation of a website is for information and does not constitute association with or full agreement of opinions or positions.

PETER SPEAKS:



AND since there is in the Sacred Heart a symbol and a sensible image of the infinite love of Jesus Christ which moves us to love one another, therefore is it fit and proper that we should consecrate ourselves to His most Sacred Heart – an act which is nothing else than an offering and a binding of oneself to Jesus Christ, seeing that whatever honor, veneration and love is given to this divine Heart is really and truly given to Christ Himself. (*Annun Sacrum*, no. 8, Pope Leo XIII, 25 May 1899)



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