

SAINT FRANCIS EXCHANGE

The Newsletter and Bulletin of the Oratory of Saint Francis of Assisi

JUNE 2023 – MONTH OF THE SACRED HEART

LETTER FROM THE MONSIGNOR

Among the many proofs of the boundless benignity of our Redeemer, there is one that stands out conspicuously, to wit the fact that when the charity of Christian people was growing cold, the Divine Charity itself was set forth to be honoured by a special worship, and the riches of its bounty was made widely manifest by that form of devotion wherein worship is given to the Most Sacred Heart of Jesus, "In Whom are hid all the treasures of wisdom and knowledge" (Colossians 2:3).

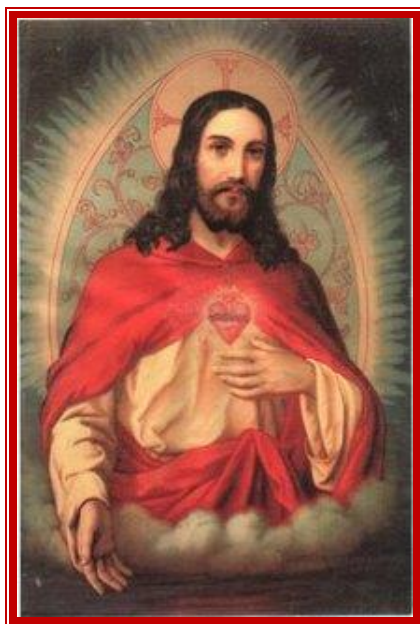
– Misericordissimus Redemptor, no. 2, 8
May 1928

ONE of the greatest aspects of devotion to the Sacred Heart of Our Lord Jesus Christ is that when our Lord's Heart was opened on the Cross what poured forth from it; *But one of the soldiers with a spear opened His side, and immediately there came out blood and water* (S. John 19:34). It is the teaching of the Holy Church that these represent *grace* and *mercy*; water which cleanses and restores and blood that has been offered on our behalf to the Eternal Father, so much offended by our sin. The corporeal heart of Our Lord is an essential constituent part of His human nature, hypostatically united to His Divine nature and therefore not merely a "metaphorical" meaning of His love for us.

Devotion to and veneration of the Sacred Heart is quite ancient and has had the full support and approval of the

Holy Church since the beginning; our Holy Fathers, the Popes, most especially Leo XIII (d. 1903), Pius XI (d. 1939) and Pius XII (d. 1958), have written numerous documents upholding and confirming this devotion and veneration.

Each summer priests faithful to Holy Tradition make pastoral visits to the homes of the faithful to renew the family's consecration to the Sacred Heart; there is already a sign-up sheet here at our little "Hidden Mass" Oratory for the faithful to have this done during the Octave of the Sacred Heart (16 – 23 June), which I hope all shall take advantage of!



Having one's family and home consecrated and dedicated to the Sacred Heart brings grace and protection; if we are moved to return the love the Saviour has poured out from His pierced and wounded heart back to Him and we imitate the virtues associated with His Sacred Heart we will

grow exponentially in the virtue of charity.

However, it is important for us to understand that this heavenly protection does not mean that we will not be tempted or persecuted, rather, God will protect us when we are tempted or persecuted, and therefore we must maintain that *confidence* and cling to the grace of God, which is the *only* way that we are able to withstand the attacks. We know that we will not be tempted beyond our ability to withstand that temptation (*cf.* I Corinthians 10:13), so if we do give in it is our own failure to cooperate with God's grace: we have departed from His protection, He has not departed from us!

I apologise for this repetition, but I will continue to ask for your assistance: we must work hard for a permanent home for our Chapel, which means we need your prayers and sacrifices. We need to raise close to \$100,000.00 that will serve as a down payment for a property and then we will need your commitment to assist monthly to sustain that property. If you can assist in this goal, *one time or monthly*, we will be grateful and can promise that God will surely bless you. We are grateful for the generous gift we received last month for this purpose.

As always, I am most grateful for your prayers and support. Be assured of my paternal benediction and prayers, especially at Holy Mass.

I remain, in Christ the King,

Monsignor ✠ Thomas JF Sebastian

QUESTIONS AND ANSWERS

Q: Monsignor:
When I was very young I remember being taught that as long as I made a good Act of Contrition I could receive Holy Communion, however, something you recently said makes me think that is not true. Can you please confirm this for me?

Thank you so much,
Anonymous

A: I am grateful for the opportunity to set the record straight; I too have heard this erroneous comment. In order to worthily receive Our Lord in Holy Communion we must be in a state of grace, that is, free from *mortal sin*. After we have been Baptised the only way to be restored to a state of grace after we sin is to be absolved in Sacramental Confession: we can only receive absolution from a *valid* Catholic Priest. Now since the only way to receive Holy Communion is from a Priest, especially at Holy Mass, one would have access to a Priest for Sacramental Confession. If you do not make it to Holy Mass in time to first go to Confession you *must refrain* from receiving Holy Communion *unless* the Priest has specifically told you that he will hear your Confession *immediately following* Holy Mass – that would be the only time you may go to Holy Communion in such a situation; otherwise you add sacrilege and unworthy Communion to your mortal sins. This is why the faithful

should properly examine the consciences *before* they go to Confession and make Confession a frequent habit, we are all sinners and therefore in constant need of God's mercy and grace received in the Sacrament of Holy Confession.

If you have a question, please feel free to e-mail:
info@stfrancisoratory.org

PRAYER REQUESTS

YOUR prayers are requested for the sick, especially for Miss Alyssa Smith, Miss Erica Chapman, Mr. Charles E. McClusky, Mrs. Diane Powers, Mr. Paul Howard, Mr. Jeff Michaels and Mrs. Maria Gomez. Please also remember in your prayers the souls of those who have died, especially Mr. Vern Fenimore†, Mr. Chris Hundt† and Mrs. Angela Calderon†. *If you know of someone unable to attend Holy Mass due to sickness please be sure to let one of the priests know so they can arrange for a sick call.*



Real Men Kneel at Holy Mass!

HOW TO DONATE AND SEND MASS STIPENDS

DONATIONS and Mass Stipends can be sent on-line (be sure to select *donation* and not payment) or you can

Saint Francis Exchange
always be sent to our Post Office Box:

St. Francis of Assisi
PO Box 8469
Van Nuys, CA 91409-8469



The normal stipend for a Mass Intention is \$20.00. Please be sure to include the person's name (w/Mr., Mrs. or Miss) and if they are living or deceased. Also, be sure to indicate if you wish a **Mass Card** to be sent to that person or their family.

Your continued support is appreciated and quite needed to continue our mission of offer the true and traditional Latin Mass of the Holy Catholic Church. The true Mass and Faith are ours to protect, defend and support!

HOLY DAYS OF OBLIGATION FOR 2023

15 August 2023 (Tuesday)
Assumption of the Blessed Virgin Mary
1 November 2023 (Wednesday)
Feast of All Saints
8 December 2023 (Friday)
Feast of the Immaculate Conception
25 December 2023 (Monday)
Feast of the Nativity of the Lord



**SUNDAYS OF JUNE:
THE CATHOLIC
HAND MISSAL**

In order to assist the faithful following Holy Mass with their hand missals here are the Sunday Masses for March:

4 June 2023:

Trinity Sunday:

Commemoration *First Sunday after Pentecost* at the Collect, Secret and Postcommunion.

11 June 2023:

Sunday after Corpus Christi:

Commemoration *S. Barnabas, Apostle* and the *Octave of Corpus Christi* at the Collect, Secret and Postcommunion.

18 June 2023:

Sunday after the Sacred Heart:

Commemoration of the *S. Ephrem*, the *Octave of the Sacred Heart*, and *Ss. Mark & Marcellianus* at the Collect, Secret and Postcommunion.

25 June 2023:

Fourth Sunday after Pentecost:

Commemoration of *S. William* and the *Octave of S. John the Baptist* at the Collect, Secret and Postcommunion.

To correctly participate at Holy Mass one *silently* unites his prayers with those of the Church through pious and attentive meditation of the prayers and reading of Holy Mass.

If you are unsure how to correctly set your hand missal arrive early for Holy Mass and ask the Monsignor to assist you. It is also important to become familiar with the *Ordinary of the Mass*, those parts that never change, i.e.: Kyrie, Gloria, Creed, Sanctus, Benedictus, and the Agnus Dei. And of course the Canon of the Mass, and the *Propers of*

the Mass, those which vary according to the feasts of the day, i.e., Introit, Collect(s)(after the Gloria or Dominus Vobiscum), Epistle, Gradual, Alleluia, Tract or Sequence, Gospel, Secret, Communion Verse and Post Communion. On many feasts or days there are *Commemorations* (additional prayers) at the Collect, Secret and Postcommunion. The careful attention to these prayers and readings will help one enter into a deeper spiritual relationship with the Holy Liturgy, the Saints and Mysteries of God.



The Hidden Mass in Van Nuys

Sunday Mass Time:

10:00 am

*(please call or email for current
Mass time and location)*

(818) 786-2540

e-mail: info@stfrancisoratory.org

Be sure to visit our web site at:
www.stfrancisoratory.org

N.B.: Our Mailing Address is:

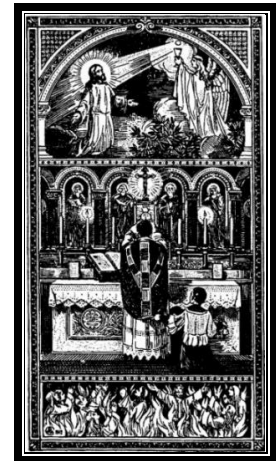
Post Office Box 8469

Van Nuys, CA 91409-8469

✿**Saint Francis Chapel** is staffed by the **Priestly Society of Christ the King (SSCR)**; properly trained and ordained Roman Catholic Priests who

Saint Francis Exchange

are faithful to the teachings and disciplines of the Roman Catholic Church. Saint Francis is not affiliated with the Archdiocese of Los Angeles. Our Holy Fathers, the Popes, most especially Saint Pope Pius V in His infallible decree *Quo Primum*, have given their permission in perpetuity to offer the Traditional Latin Mass (*Missal of S. Pope Pius V* and rubrics of *S. Pope Pius X*).



MASS GUILD

HOLY MASS is offered on the First Saturday of every month for all Friends and benefactors of SAINT FRANCIS ORATORY CHAPEL. Your generous donation (one time *or* monthly) enables you to be remembered upon the Altars of the Society, where *only* the traditional Latin Mass is offered, as codified and canonized by His Holiness, Saint Pope Pius V, *perpetually* approved of.

We would like to remind those who send Mass requests to PLEASE include the name of the person and/or intention with your stipend. Mass Cards will be sent to concerned parties upon request. Thank you and God bless you!

RECOMMENDED WEBSITES:

www.traditio.com
www.traditioninaction.com
www.traditionalmass.org

N.B.: Recommendation of a website is for information and does not constitute association with or full agreement of opinions or positions.

PETER SPEAKS:



AND since there is in the Sacred Heart a symbol and a sensible image of the infinite love of Jesus Christ which moves us to love one another, therefore is it fit and proper that we should consecrate ourselves to His most Sacred Heart – an act which is nothing else than an offering and a binding of oneself to Jesus Christ, seeing that whatever honor, veneration and love is

given to this divine Heart is really and truly given to Christ Himself (*Annum Sacrum*, no. 8, 25 May 1899, Pope Leo XIII).



JOIN THE KNIGHTS OF CHRIST THE KING!

All are invited to join the **Knights of Christ the King** every First Saturday to attend Holy Mass and then pray the Holy Rosary at **FPA Women's Health** located at 10200 Sepulveda Blvd, Mission Hills CA 91345 at 10:00 am.

PENTECOST BAPTISM

The Solemnity is also an appropriate day for Holy Baptism, most especially the **Vigil of Pentecost**. This year we Baptised young **Roman Alexander** here in our *Hidden Oratory*. The faithful in attendance rejoiced at a new

Saint Francis Exchange generation of faithful Catholics; please keep young Roman Alexander and all who have been received into Christ's Mystical Body, the Holy Catholic Church, they have come into her at the time of martyrs and recusant faithful!

