

SAINT FRANCIS EXCHANGE

The Newsletter and Bulletin of the Oratory of Saint Francis of Assisi

AUGUST 2022 – MONTH OF THE IMMACULATE HEART

LETTER FROM THE MONSIGNOR

AND his mother kept
All these words in her
heart. – S. Luke 2:51

SUMMER is now upon us and many feel quite happy that there is some time to relax and enjoy family vacations and so on. However...it is also time for us all to be reminded of two very important things as Catholics: **Sunday** (and Holy Days) **Mass** obligation and **Modesty**. Every Sunday of the year is indeed a **Holy Day of Obligation** and vacations do not excuse from that obligation (quite the opposite): to miss Holy Mass on *any* Sunday is a mortal sin and requires *Confession* and *Absolution*. Since vacations are planned in advance it is *highly advisable* that you take your Sunday Mass attendance into consideration. Asking your pastor (in this case me, your Monsignor) if there is a safe (valid and actual Latin Catholic Mass location) place for Holy Mass is the first step: if there is not then you may ask your pastor (again, in this case me, your Monsignor) for dispensation: and when it is granted you will be given an alternative for your obligation, e.g.: reading the Mass prayers **as a family** and then reading the sermon. One cannot dispense themselves from their obligation. Even I seek certain dispensations (not from offering Holy Mass or

praying the Office... ever) from my Spiritual Director or my Confessor: everyone has a *Spiritual Boss!*

As for **Modesty** it is quite shocking that even some of the most traditional of Catholics forget about their appearance; let me first address attending Holy Mass and other Sacred Services in Church and then I shall address modesty in general. Holy Mass is *never* a casual event, most especially when Our Lord in the Blessed Sacrament is present, and the excuse that “God does not care what I wear” is keenly contradicted by Our Blessed Lord Himself (*cf.* S. Matthew 22:1 – 10 and S. Luke 14:16 – 24).



Yes, the wedding garment means being clothed in the grace of Christ but it also reminds us that we are to be properly attired for such holy events. As for modesty, Our Blessed Lady of Fatima was explicit when she said to little Jacinta: *Certain fashions will be introduced which will offend Our Divine Lord very much...the sins*

that lead most souls to hell are sins of the flesh.

It is an adherence to the wiles of the flesh or feigned *comfort* that causes such immodesty, which in turn causes the temptations of others. The entire purpose of immodest dress is to appear attractive and enticing to others, and what are we attracting others to and what are we enticing others towards? To ourselves and to sin: seducers are minions of the devil and agents of sin, as S. James rightly admonishes us: *when concupiscence hath conceived, it bringeth forth sin. But sin, when it is completed, begetteth death* (S. James 1:15). We must refrain from anything that may encourage others to sin, while avoiding the wicked ourselves, as the Apostle admonishes us: *Be not seduced: Evil communications corrupt good manners* (I Corinthians 15:33)!

It is true that this is indeed going to be a very long and hot summer; but one can dress both *lightly* (in lightweight fabrics) and *modestly* and thereby remain comfortable and dignified, and giving holy example to others.

As always, I am most grateful for your prayers and support. Be assured of my paternal benediction and prayers, especially at Holy Mass.

I remain, in Christ the King,

Monsignor ✠ Thomas JF Sebastian

QUESTIONS AND ANSWERS

Q: My Lord Bishop: it seems that the faithful are getting too comfortable at Holy Mass and the way they dress seems lax but not immodest. What is the appropriate way to attend Holy Mass in the *catacombs*?

In gratitude for your service,

Anonymous

A: We live in a time of supreme casualty, and most people now feel dressing more formally as *oppression*, unless there is a photo opportunity. I recall my first aeroplane ride: I was attired in suite, tie and cap. It was normal dress for any important event, most especially Holy Mass. I never saw a man, even those gravely impoverished, without a jacket and tie inside the church...ever. At dinner in my grandparent's home, where I resided until I was 10 years old, my grandfather wore his work suit and I put my school uniform back on before I came to table...a *very* different time and place.

Today part of restoring the sacredness of Holy Mass is the family *dressing* properly; jackets and ties for men and boys and proper and modest dresses with head coverings (veils or hats) for women and girls.

Sports shoes, collarless shirts, shorts are *never* appropriate. We must remember that we are coming before Our Lord and King Jesus Christ in His Holy Sacrifice of the Mass, the court of heaven is present

there and our attire, while not part of a *fashion show*, must always be respectful of God's true presence as well as the dignity of our own souls.

If you have a question, please feel free to e-mail:

info@stfrancisoratory.org

PRAYER REQUESTS

YOUR prayers are requested for the sick, especially Mr. Vern Fenimore, Miss Erica Chapman, Mr. Charles E. McClusky, Mrs. Denise Huizenga, Mr. M. Gary Starr, Mrs. Diane Powers, Mr. Paul Howard, Mr. Jeff Michaels and Mrs. Maria Gomez. Please also remember in your prayers the souls of those who have died. *If you know of someone unable to attend Holy Mass due to sickness please be sure to let one of the priests know so they can arrange for a sick call.*



Real Men Kneel at Holy Mass!

HOW TO DONATE AND SEND MASS STIPENDS

DONATIONS and Mass Stipends can be sent on-line (be sure to select *donation* and not *payment*) or you can always be sent to our Post Office Box:

Saint Francis Exchange
St. Francis of Assisi
PO Box 8469
Van Nuys, CA 91409-8469

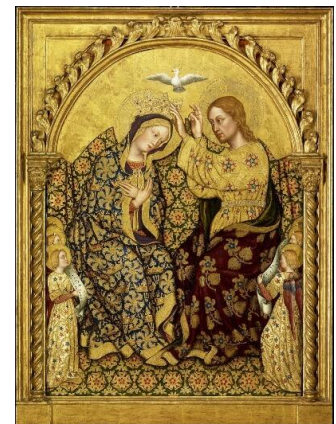


The normal stipend for a Mass Intention is \$20.00. Please be sure to include the person's name (w/Mr., Mrs. or Miss) and if they are living or deceased. Also, be sure to indicate if you wish a **Mass Card** to be sent to that person or their family.

Your continued support is appreciated and quite needed to continue our mission of offer the true and traditional Latin Mass of the Holy Catholic Church. The true Mass and Faith are ours to protect, defend and support!

HOLY DAYS OF OBLIGATION FOR 2022

- 15 August 2022 (Monday)
Assumption of the Blessed Virgin Mary
- 1 November 2022 (Tuesday)
Feast of All Saints
- 8 December 2022 (Thursday)
Feast of the Immaculate Conception
- 25 December 2022 (Saturday)
Feast of the Nativity of the Lord



**SUNDAYS OF AUGUST:
THE CATHOLIC
HAND MISSAL**

In order to assist the faithful following Holy Mass with their hand missals here are the Sunday Masses for August:

7 August 2022:

Ninth Sunday after Pentecost:

Commemoration of *S. Cajetan* and *the S. Donatus* at the Collect, Secret and Postcommunion.

14 August 2022:

Tenth Sunday after Pentecost:

Commemoration of *S. Eusebius* and the *Suffrage of the Saints* at the Collect, Secret and Postcommunion.

21 August 2022:

Eleventh Sunday after Pentecost:

Commemoration of *S. Jane Frances de Chantal* and of the *Octave of the Assumption* at the Collect, Secret and Postcommunion.

28 August 2022:

Twelfth Sunday after Pentecost:

Commemoration of *S. Augustine* and the *S. Hermes* at the Collect, Secret and Postcommunion.

To correctly participate at Holy Mass one *silently* unites his prayers with those of the Church through pious and attentive meditation of the prayers and reading of Holy Mass.

If you are unsure how to correctly set your hand missal arrive early for Holy Mass and ask the Monsignor to assist you. It is also important to become familiar with the *Ordinary of the Mass*, those parts that never change, i.e.: Kyrie, Gloria, Creed, Sanctus, Benedictus, and the Agnus Dei. And of course the Canon of the Mass, and the

Propers of the Mass, those which vary according to the feasts of the day, i.e., Introit, Collect(s) (after the Gloria or Dominus Vobiscum), Epistle, Gradual, Alleluia, Tract or Sequence, Gospel, Secret, Communion Verse and Post Communion. On many feasts or days there are *Commemorations* (additional prayers) at the Collect, Secret and Postcommunion. The careful attention to these prayers and readings will help one enter into a deeper spiritual relationship with the Holy Liturgy, the Saints and Mysteries of God.



The Hiding Mass in Van Nuys

Sunday Mass Time:
(please call or email for current
Mass time and location)

(818) 786-2540

e-mail: info@stfrancisoratory.org

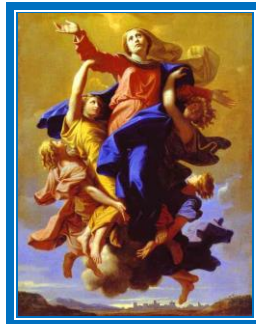
Be sure to visit our web site at:

www.stfrancisoratory.org

N.B.: Our Mailing Address is:

Post Office Box 8469

Van Nuys, CA 91409-8469



**The Assumption of the
Blessed Virgin Mary**

15 August 2022

An Holy Hay of Obligation

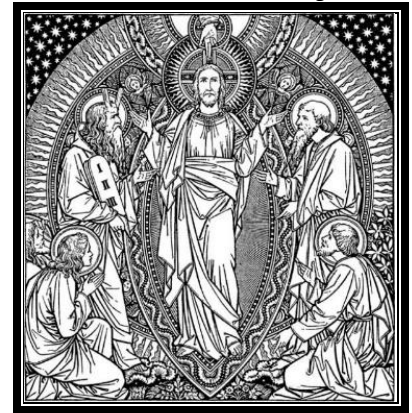
Holy Mass at

08:00 AM

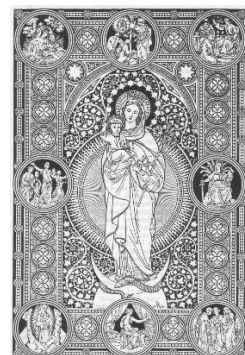
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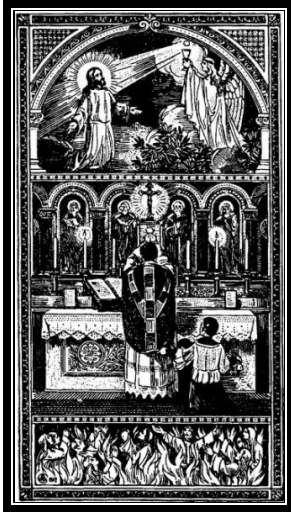
07:00 PM

Saint Francis Exchange



✿ **Saint Francis Chapel** is staffed by the **Priestly Society of Christ the King (SSCR)**; properly trained and ordained Roman Catholic Priests who are faithful to the teachings and disciplines of the Roman Catholic Church. Saint Francis is not affiliated with the Archdiocese of Los Angeles. Our Holy Fathers, the Popes, most especially Saint Pope Pius V in His infallible decree *Quo Primum*, have given their permission in perpetuity to offer the Traditional Latin Mass (*Missal of S. Pope Pius V* and rubrics of *S. Pope Pius X*).





MASS GUILD

HOLY MASS is offered on the First Saturday of every month for all Friends and benefactors of SAINT FRANCIS ORATORY CHAPEL. Your generous donation (one time *or* monthly) enables you to be remembered upon the Altars of the Society, where *only* the traditional Latin Mass is offered, as codified and canonized by His Holiness, Saint Pope Pius V, *perpetually* approved of.

We would like to remind those who send Mass requests to PLEASE include the name of the person and/or intention with your stipend. Mass Cards will be sent to concerned parties upon request. Thank you and God bless you!

RECOMMENDED WEBSITES:

www.traditio.com

www.traditioninaction.com

www.remnantnewspaper.com

www.traditionalmass.org

N.B.: Recommendation of a website is for information, and does not constitute association with or full agreement of opinions or positions.



AN ACT OF REPARATION FOR BLASPHEMIES AGAINST THE BLESSED VIRGIN MARY

Most glorious Virgin Mary, Mother of God and our Mother, turn thine eyes in pity upon us, miserable sinners; we are sore afflicted by the many evils that surround us in this life, but especially do we feel our hearts break within us upon hearing the dreadful insults and blasphemies uttered against thee, O Virgin Immaculate. O how these impious sayings offend the infinite Majesty of God and of His Only-begotten Son, Jesus Christ! How they provoke His indignation and give us cause to fear the terrible effects of His vengeance! Would that the sacrifice of our lives might avail to put an end to such outrages and blasphemies; were it so, how gladly we should make it, for we desire, O most holy Mother, to love thee and to honour thee with all our hearts, since this is the will of God. And just

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because we love thee, we will do all that is in our power to make thee honoured and loved by all men. In the meantime do thou, our merciful Mother, the supreme comforter of the afflicted, accept this our act of reparation which we offer thee for ourselves and for all our families, as well as for all who impiously blaspheme thee, not knowing what they say. Do thou obtain for them from Almighty God the grace of conversion, and thus render more manifest and more glorious thy kindness, thy power and thy great mercy. May they join with us in proclaiming thee blessed among women, the Immaculate Virgin and most compassionate Mother of God.

Hail Mary *three times.*

An indulgence of 5 years (S.C.Ind., 21 March 1885); S.P.Ap., 6 April 1935 and 10 June 1949).